

1851 East Paradise Road, Suite A
Tracy, CA 95304
Phone: 866.592.0488 Fax: 209.834.8832
topshelforthopedics.com

 **Topshelf**
Manufacturing, LLC

Elbow ROM Brace

Instructions for Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this product.



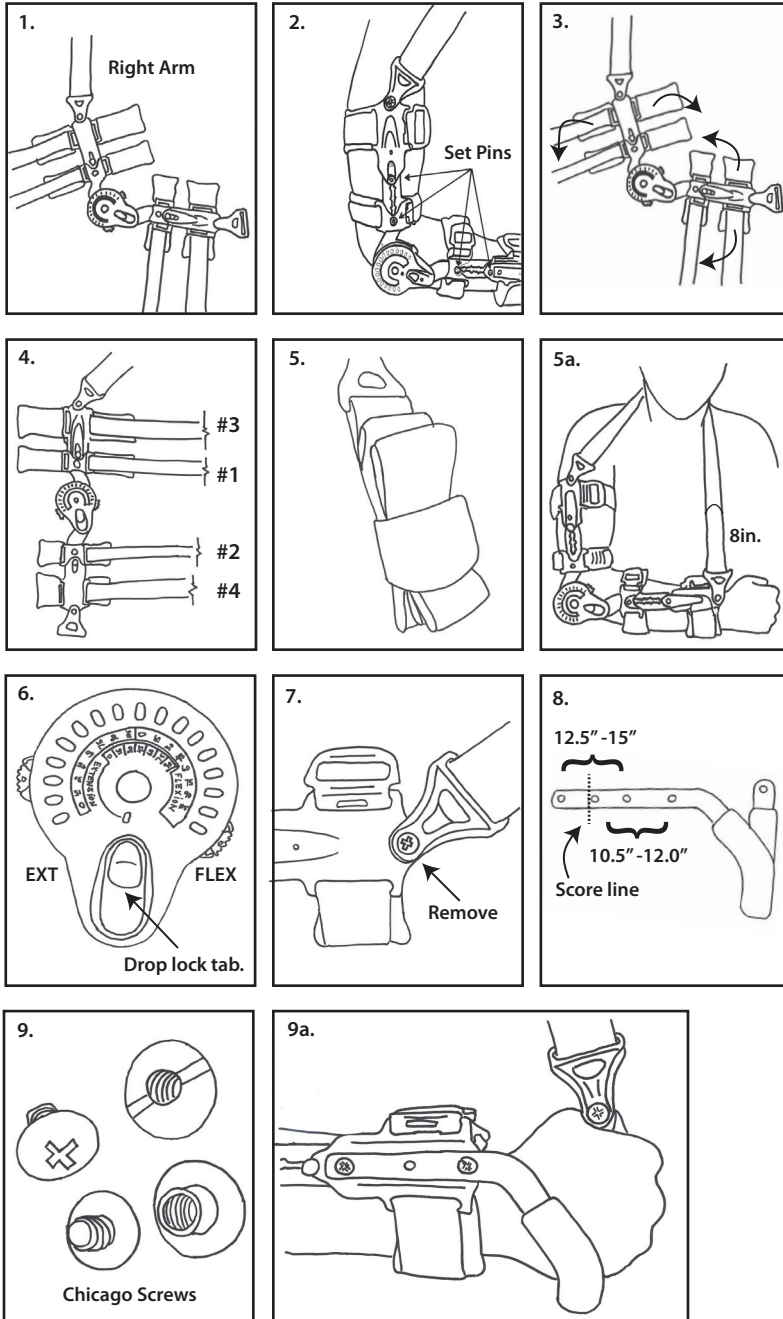
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Indications: Post elbow injury or surgery, range of motion control.

Application Instructions:



1. Begin by releasing all of the buckles (a simple twist of the buckle is easiest) and positioning the brace on the affected arm with the dial hinge over the elbow joint. Brace is Rt or Lt specific.
2. Adjust the length on the upper arm and/or length on the forearm by lifting and sliding the silver set pins and sliding to the desired length and then releasing them.
3. Shape the padding around the forearm and upper arm and tighten the length of the straps - If too long they can be shortened by removing the hook end tab and trimming to length then re-affix the hook tab.
4. Secure the straps closest to the elbow first then the most distal straps by clicking the buckle assemblies to the receiving clasp that are molded to the gray sliding struts of the frame.
5. Uncoil the shoulder strap that is attached to the upper arm strut, wrap it behind the back and over the shoulder and secure it to the strap tab near the wrist. Trim to length so that it secures approximately 8" above the wrist strap tab (Images 5 & 5a).
6. Adjust flexion and extension control at the elbow dial by depressing the sliding set pin and rotating the assembly to the desired restriction. Release the sliding set pin to engage the lock. You can control flexion and extension independently. Brace can be locked in several positions using the drop lock hinge tab.

To control supination/pronation:

7. To ADD the hand-piece - Remove the screw that secures the wrist strap tab secure this tab to the hand-piece above the foam grip material.
8. Hand-piece has a painted line 1.5" from the metal attachment end. If the distance from the base of your pinky finger to the tip of your elbow is 10.5" to 12.0", you may cut off the tab piece at the line. If the length of your arm exceeds 12.0" from elbow to the base of the little finger, no modification is necessary.
9. Use the extra set screws in the accessory bag to affix the hand-piece to the frame of the elbow brace. You will need a Phillips and a flat head screw drive to complete the addition. The silver CHICAGO screw (Internal threads) is positioned on the inside of the frame and the black Phillips screw (External threads visible) on the outside. Adjust length of hand-piece. Twist and shape hand-piece as need for comfort. To remove brace, lift the shoulder strap over your head, release buckles by twisting them (Images 9 & 9a).

Use and Care:

The liner and straps may be hand washed with a mild detergent. Air dry only. Foam and straps may be trimmed and adjusted, but only at the discretion of your Healthcare provider.

Warning:

If you experience pain, swelling or sensation changes as a result of wearing this brace, consult your healthcare provider immediately. All adjustments of the brace should be done under the direction of a healthcare professional.

Warranty:

Top Shelf Orthopedics will replace all or part of the brace for defects in material or workmanship for a period of six months.

Caution:

Federal Law (USA) restricts this device for sale by or on the order of a licensed healthcare professional.