

Tracy, CA 95304  
Phone: (866) 592-0488 • FAX: (209) 834-8832  
topshelforthopedics.com



Fitting Instructions Video



**Use & Care:** Hand wash in cold water using mild soap, rinse thoroughly.

**Warning:** This product is to be used under the direct supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or unusual reaction while using this product, consult your medical professional immediately.

**Warranty:** Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

**Caution:** Federal Law (U.S.A.) restricts this device for sale by or on the order of a licensed healthcare professional.

# The Open Stable Sling Universe, Sling Only

## Instructions For Use

Please read these instructions completely and carefully before applying this brace. Correct application of the brace is important for proper function.



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**Indications:** Rotator cuff repair, torn labral injuries, dislocation/subluxation of the shoulder, surgical repairs of the shoulder, shoulder strains and capsular tightening.

### Application Instructions:

Fig. 1

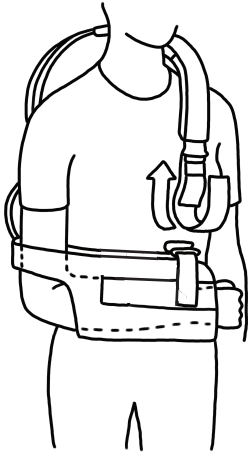


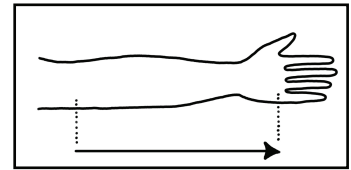
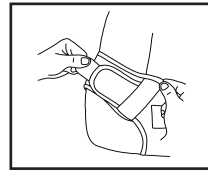
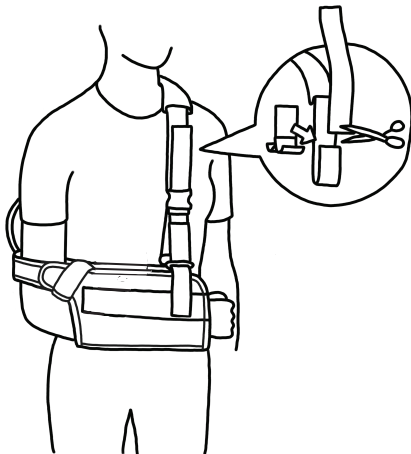
Figure 1

- Slip the shoulder strap over your head, positioning the sling over the affected shoulder.
- Place your arm in the sling pouch with your elbow tucked into the corner and position your thumb to your comfort.

Figure 2

- Lift the Velcro tabs on both sides of the elbow and evenly adjust to snug fit.
- The front edge of the sling should be between the base of the fifth finger (pinky) and the wrist.

Fig. 2



- A medical professional will adjust the length of the shoulder strap. Extra length may be trimmed by removing the Y-Tab Velcro piece, cutting off the extra, and then re-applying the Y-Tab Velcro. Minor adjustments may be made to the front of the strap below the buckle.

Fig. 3

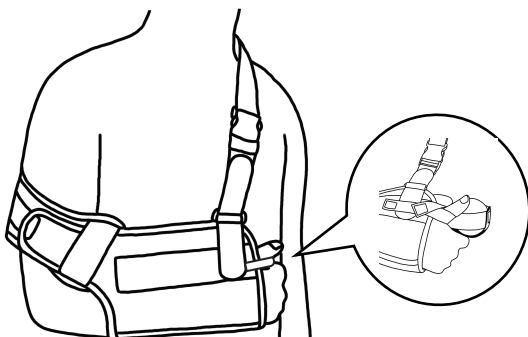


Figure 3

- A properly applied Open Stable Sling Universe, Sling Only.
- Secure the optional waist strap by affixing the non-buckle end to the inside of the sling pouch at the elbow. Wrap the strap around the back and secure the buckle end to the front of inside of the sling pouch.