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Fitting Instructions Video



**Use & Care:** Hand wash in cold water using mild soap, rinse thoroughly.

**Warning:** This product is to be used under the direct supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or unusual reaction while using this product, consult your medical professional immediately.

**Warranty:** Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

**Caution:** Federal Law (U.S.A.) restricts this device for sale by or on the order of a licensed healthcare professional.

# The Open Stable Sling Universe

## Instructions For Use

Please read these instructions completely and carefully before applying this brace. Correct application of the brace is important for proper function.



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**Indications:** Rotator cuff repair, torn labral injuries, dislocation/subluxation of the shoulder, surgical repairs of the shoulder, shoulder strains and capsular tightening.

### Application Instructions:

Fig. 1

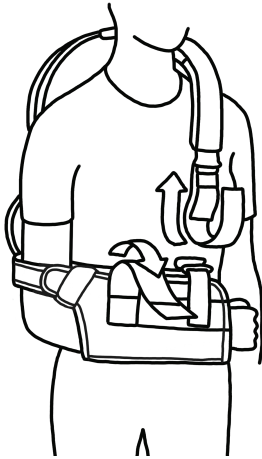


Figure 1

- Slip the shoulder strap over your head, positioning the sling over the affected shoulder.
- Detach one side of the Velcro strap that is midway on the sling pouch to allow you to open up the sleeve to insert your arm.
- Place your arm in the sling pouch with your elbow tucked into the corner and position your thumb to your comfort.

Fig. 2

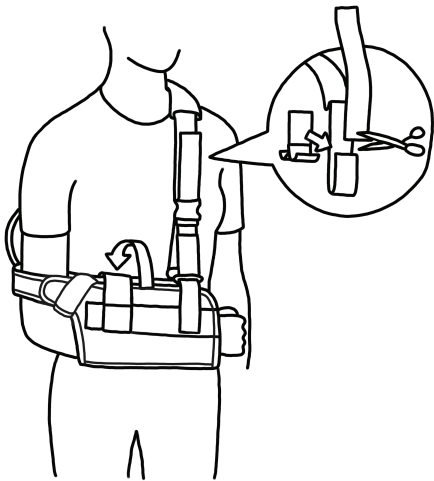


Figure 2

- Lift the Velcro tabs on both sides of the elbow and evenly adjust to snug fit.
- The front edge of the sling should be between the base of the fifth finger (pinky) and the wrist.

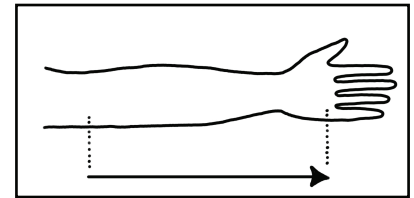
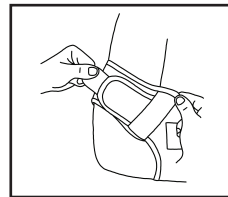


Fig. 3

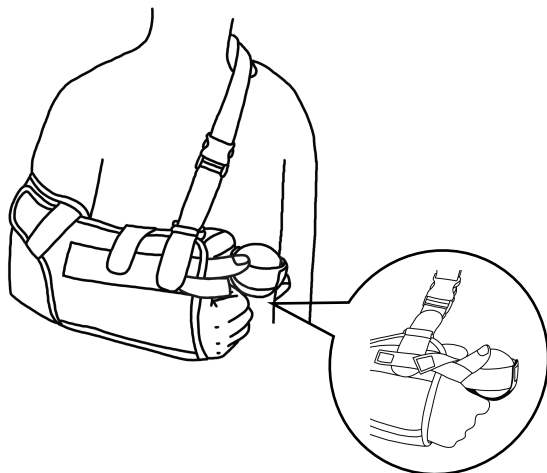


Figure 3

- Re-secure the Velcro strap midway on the sling pouch.
  - A medical professional will adjust the length of the shoulder strap. Extra length may be trimmed by removing the Y-Tab Velcro piece, cutting off the extra, and then re-applying the Y-Tab Velcro. Minor adjustments may be made to the front of the strap below the buckle.
- Figure 3**
- Place the pillow assembly at your waistline on the affected side with the buckle facing forward and secure the belt around the waist.
  - Rotate the pillow to the desired internal/external rotation prescribed by your medical professional.
  - A properly applied Open Stable Sling Universe.