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Manufactured by:

# Tracy Collar

## Instructions For Use

### Indications:

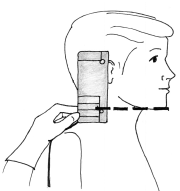
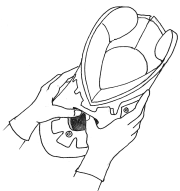
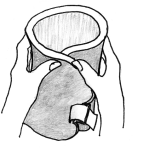

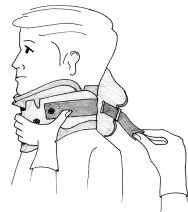
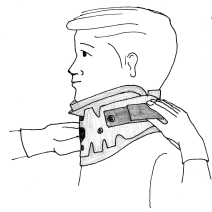
Restricts cervical spine extension, flexion and rotation to promote patient recovery post injury and post operatively.

Carefully read fitting instructions & warnings prior to use, to ensure proper performance of the brace, follow all instructions. Failure to properly position the brace and fasten each strap will compromise performance and comfort.

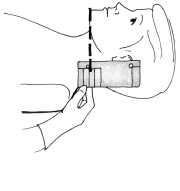

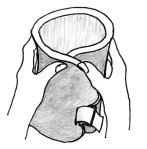
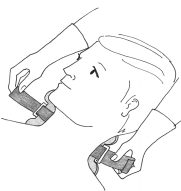
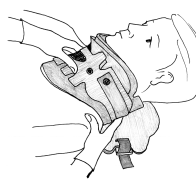

If you experience increased pain, swelling, or any adverse reactions while using this product, immediately consult your medical professional.



# Ambulatory (upright) Application Instructions

Ambulatory Sizing	Pre-Form Collar	Position Front	Pad Removal/Replacement
 <ul style="list-style-type: none"> <li>• While the head is in a neutral or desired position.</li> <li>• Place sizing guide next to head with the card resting on the highest point of the shoulder.</li> <li>• Draw an imaginary line from chin bottom to sizing guide and select collar size.</li> </ul>	 <ul style="list-style-type: none"> <li>• Roll collar front panel inward.</li> </ul>  <ul style="list-style-type: none"> <li>• Roll up back panel.</li> </ul>	 <ul style="list-style-type: none"> <li>• Position chin piece directly under chin (generally, the chin should not extend beyond the edge of the plastic).</li> <li>• Push sides of front panel up over shoulder muscles and around neck.</li> </ul>	<p>Removal:</p> <ul style="list-style-type: none"> <li>• The front and chin pads are removed simply by peeling them off the front panel.</li> <li>• To remove the back panel pad, first pull the loop straps through the plastic slots, then the pad can be peeled off the back panel.</li> </ul> <p>Replacement:</p> <ul style="list-style-type: none"> <li>• To apply the front pads, fold the pads in half with the black side facing the collar's hook dots, and reapply in the reverse order of removal. Be sure that the foam liner over laps the exterior margin of the plastic collar by 1/4" to 1/2".</li> <li>• To apply the back panel pad, start by threading the loop straps on the collar through the slits in the foam pad. Be sure that the black side is facing the collar's back panel. Pull the loop straps tight, and then thread through the plastic slots on the collar.</li> </ul>
Attach Front	Final Adjustments	Proper Size & Fit	
 <ul style="list-style-type: none"> <li>• Hold the front portion of the collar in position, then center the back panel and secure the straps to the front panel. If further adjustments are required make sure the back panel remains centered.</li> </ul>	 <ul style="list-style-type: none"> <li>• Improvements of immobilization and comfort is achieved by minor adjustments of straps and back panel.</li> </ul>	<ul style="list-style-type: none"> <li>• Patients chin should be flush with end of collar chin piece.</li> <li>• Trach opening should not be touching airway (if it does, refit with next taller size collar).</li> <li>• All slack should be removed from collar back.</li> <li>• Back panel should be centered (from the front, the back Velcro straps should be symmetrical).</li> </ul>	

# Supine (lying down) Patient Application Instructions

Ambulatory Sizing	Pre-Form Collar	Position Back	Cleaning/Drying
 <ul style="list-style-type: none"> <li>• Place arms down along side.</li> <li>• Place sizing guide next to head with the card resting on the highest point of the shoulder.</li> <li>• Draw an imaginary line from chin bottom to sizing guide and select collar size.</li> </ul>	 <ul style="list-style-type: none"> <li>• Roll collar front panel inward.</li> </ul>  <ul style="list-style-type: none"> <li>• Roll up back panel.</li> </ul>	 <ul style="list-style-type: none"> <li>• Fold Velcro loop strap over foam pad.</li> <li>• Center the back panel under crevice of neck.</li> <li>• Velcro straps should be centered between the ear and the top of the shoulder muscle.</li> </ul>	<p>Cleaning:</p> <ul style="list-style-type: none"> <li>• Hand wash pads with mild soap and warm water. Do not machine wash or use bleach. Rinse thoroughly.</li> <li>• The plastic shell of the collar may be wiped with mild soap and water. Rinse and towel dry before re-attaching pads.</li> </ul> <p>Drying:</p> <ul style="list-style-type: none"> <li>• Squeeze out the excess water by pressing pads with a towel. Allow to completely air dry by laying on a towel. Do not use heat to dry. Use replacement pads during drying time. Additional replacement pads are available from your Health Care Professional.</li> </ul>
Position Front	Attach Front	Proper Size & Fit	
 <ul style="list-style-type: none"> <li>• Position chin piece directly under chin (generally, the chin should not extend beyond the edge of the plastic).</li> <li>• Push sides of front panel up over shoulder muscles and around neck.</li> </ul>	 <ul style="list-style-type: none"> <li>• Hold firmly with one hand. Place back panel under crevice of neck until panel is centered under neck and attach both sides to front while keeping the back panel centered.</li> </ul>	<ul style="list-style-type: none"> <li>• Patients chin should be flush with end of collar chin piece.</li> <li>• Trach opening should not be touching airway (if it does, refit with next taller size collar).</li> <li>• All slack should be removed from collar back.</li> <li>• Back panel should be centered (from the front, the back Velcro straps should be symmetrical).</li> </ul>	