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## I Fit Wrist and Thumb Supports

Instructions for Use

Please read these instructions completely and carefully before applying this poroduct. Correct application is important for proper function of this brace.



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**Wrist Support Indications:** Carpal Tunnel Syndrome, wrist sprains and strains, post-fracture casting and post-surgical immobilization.

**Wrist with Thumb Indications:** De Quervain's Syndrome, thumb sprains and strains, post-fracture casting and post-surgical immobilization.

## **Application Instructions:**

- Loosen straps and slide hand into brace with thumb through cutout. The stay should be resting on the palm and in line with the forearm.
  - 1a. For wrist support with thumb stay and straps, the thumb stay should be in line with the thumb. Wrap and secure the thumb strap.
- 2. Feed the straps through the D-Rings. Wrap and secure the straps. The brace should be snug and comfortable.

**Use and Care:** Hand wash in cold water using mild soap. Rinse thoroughly, dry with a towel then air dry only. If not rinsed thoroughly, soap residue may cause skin irritation and material breakdown.

Warning: This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product consult your medical professional immediately.

Warning: Neoprene supports should not be worn by individuals with known susceptibility to dermatitis or allergies to neoprene.

Notice: This product does not contain latex.

Warranty: Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of 6 months from the date of purchase.

Caution: For single patient use only.