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Shoulder Positioning Device

Instructions for Use

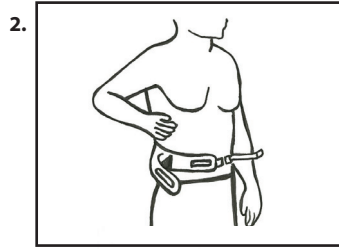
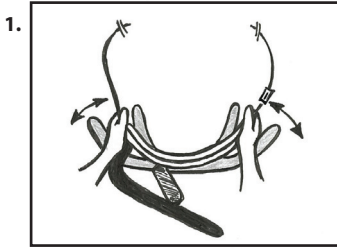
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Shoulder Positioning Device

Instructions for Use

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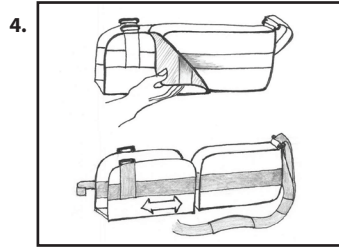


Indications: Shoulder stabilization, rotator cuff surgery, bankart surgery, joint separation, muscle strain, anterior, inferior, posterior instability.

Application Instructions

SPD with Sling

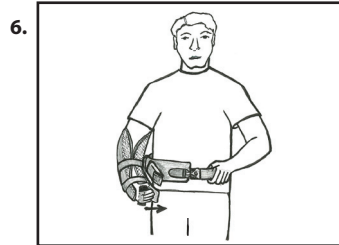
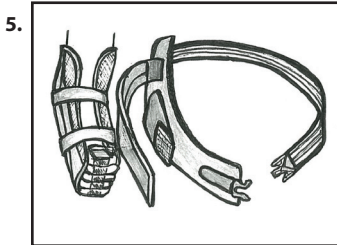
Form the rigid abduction band to the contour of your waist on the affected side and adjust the waist strap to the desired length and tension so that the device remains in place. Cut the excess material on the waist strap and re-attach the "Y" tab adapter. *See images 1 & 2.*



Release the buckle assembly on the sling and the hook/loop elastic strap across the pocket opening to allow your arm to be inserted into the pocket of the sling. Position elbow to the back of the sling pocket and adjust the length of the sling pocket, allowing the fingers to be exposed when sized correctly. *See images 3 & 4.*

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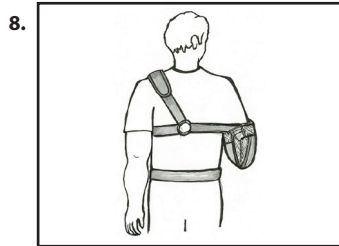
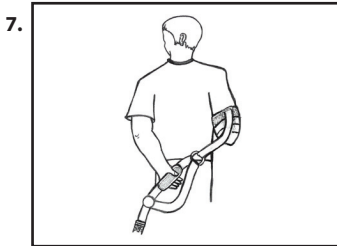
Affix the sling pocket to the rigid abduction band so that the fingers are directly over the movable portion of the torso assembly. *See images 5 & 6.*



Feed your unaffected arm through the shoulder strap assembly opening so that one of the logo shoulder pad is across the top of your shoulder. Secure the strap with the one-handed buckle closure and with the assistance of another person, adjust the length of the straps across the back for a comfortable fit. *See images 7,8, & 9.*

Sling Only with Immobilizer Strap

Remove both sides of the waist belt assembly from the rigid abduction band. Affix the hook material to the inside edge of the sling pocket so that the buckle assembly is directly adjacent to the finger opening portion of the sling. Adjust waist belt for length-trim excess material. *See Image 10,11, & 12*

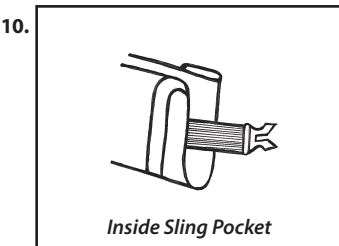
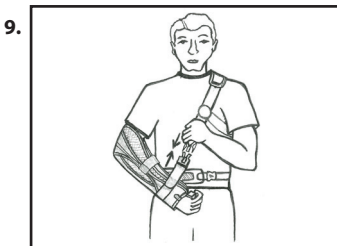


Adjust Rotation Position of the Shoulder Positioning Device

Internal, neutral, and external rotation can be accomplished by adjusting the flexible portion of the rigid abduction band; flat = (internal), partially extended = (neutral), or completely extended = (external) and securing it to the shorter support to provide stability to the outstretched arm. *See Image 13*

Adjust Abduction of the Rigid Device

Abduction (movement away from the body) can be modified by increasing the distance between the bendable torso portion and the sling pocket. Creating a wider curve can add an additional 30 degrees of abduction. Once the desired abduction is achieved secure the shorter support to the undersurface of the longer support to prevent it from collapsing towards the waist. *See Image 14*



Inside Sling Pocket

Use and Care:

Hand wash in cold water using mild soap. Rinse thoroughly and air dry. If not rinsed thoroughly, soap residue may cause skin irritation and material breakdown.

Warning:

This product is to be used under the supervision of a medical health professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while wearing this product, consult your medical professional immediately.

Warranty:

Top Shelf Orthopedics will replace all or part of the brace for defects in material or workmanship for the period of six months from the date of purchase.

Caution:

Federal Law (USA) restricts this device for sale by or on the order of a licensed healthcare professional.

