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# Arm Sling

## Instructions for Use

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Indications: Immobilization & support of the shoulder and elbow joints.

1. Position elbow in the pocket of the sling.
2. For Arm Slings with a thumb loop, place thumb in loop if desired.
3. Place strap over opposite shoulder, feed through the D-ring and secure to itself. Hand should be slightly elevated above the elbow when secured.
4. (For Universal Size) The sling length may be shortened by folding the open end inside itself and securing the strap closure. For strap length adjustment use slide buckle.
5. For Arm Slings with a shoulder pad, slide pad onto strap and position in desired location.
6. For Shoulder Immobilizers follow steps 1 -3 above, then attach waist strap.

### **Use and Care:**

Hand wash in cold water using mild soap. Rinse thoroughly, dry with towel then air dry only. If not rinsed thoroughly, soap residue may cause skin irritation and material breakdown.

### **Warning:**

This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

### **Warranty:**

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

### **Caution:**

Federal Law (U.S.A.) restricts this device to sale by or on the order of a licensed healthcare professional. For single patient use only.