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Air Tendonitis Strap Instructions For Use

Please read these instructions completely and carefully before applying this product. Correct application of the brace is important for proper function of this brace.



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Indications: Medial epicondylitis (Golfer's elbow) and lateral epicondylitis (Tennis elbow).

Application Instructions:





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- **1.** Properly position the Air insert within the band of the brace (Fig A).
- Wrap brace around forearm and loop end through rectangular link. Secure pad on the affected side of the arm (Fig. A).
- Fasten strap, ensuring a secure and snug fit. Adjust the strap for comfort without the support being too tight (Fig B).



Desired Positions For:

Tennis Elbow - Position the insert below the elbow joint on the outside of the forearm.

Golfer's Elbow - Position the insert below the elbow joint on the inside of the forearm.

Use and Care: Hand wash in cold water using mild soap. Rinse thoroughly and air dry. If not rinsed thoroughly, soap residue may cause skin irritation and material breakdown.

Note: Single patient use. Neoprene and latex free.

Warning: This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

Warranty:Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

Caution: Federal Law (USA) restricts this device for sale by or on the order of a licensed healthcare professional.