



AB/EX Shoulder Strap

Instructions For Use

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Indications for Use: The AB/EX Shoulder Strap limits abduction, subluxation and rotation of the shoulder



Position the arm at approximately 45 degrees away from the body. Place the neoprene side of the strap on the backside of the upper arm with about one fourth of strap below the arm.



Externally rotate the arm, wrap the end of strap positioned below the arm around the upper arm. Secure the hook and loop. Ensure that the hook and loop closure is positioned on the outside of the arm.



Wrap the longer end of the strap around the front of the body and secure to the shoulder pads utilizing the eyelets in the strap and the laces on the shoulder pads.

Use and Care:

Hand wash in cold water using mild soap, rinse thoroughly and air dry.

Warning:

This product is to be used under the supervision of a medical health professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while wearing this product, consult your medical professional immediately.

Warning: Neoprene supports should not be worn by individuals with known susceptibility to dermatitis or allergies to neoprene.

Warranty:

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for the period of six months from the date of purchase.

Caution:

Federal Law (USA) restricts this device for sale by or on the order of a licensed healthcare professional.