

1851 East Paradise Road, Suite A
Tracy, CA 95304
Phone: 866.592.0488 Fax: 209.834.8832
topshelforthopedics.com



Target OA

Instructions for Use

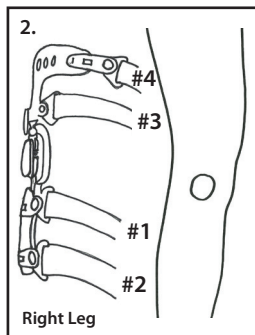
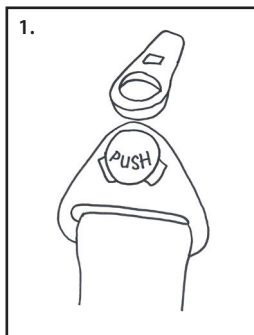
Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this product.



Target OA

Instructions for Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this product.

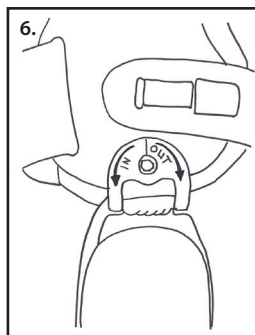
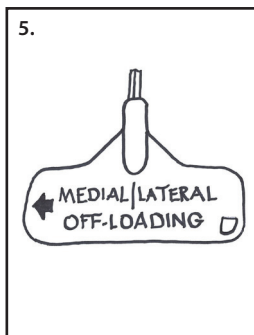
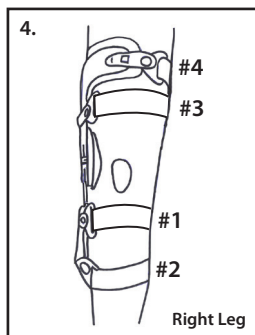
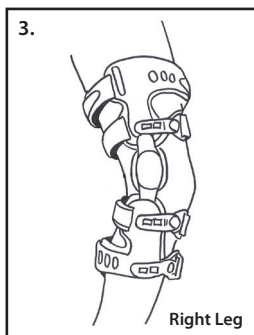


Indications: Unicompartmental knee osteoarthritis, articular cartilage defect repair, meniscal cartilage repair, osteochondral defect repair, and degenerative joint disease.

Application Instructions:

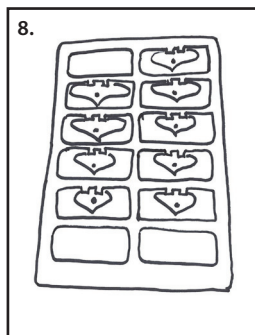
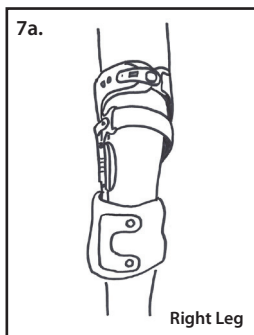
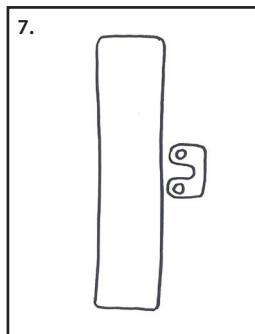
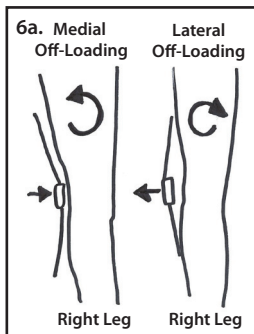
Target OA

1. Release all buckles by depressing the center circular button with the word **PUSH (IMAGE #1)**
2. While seated, with your leg bent approximately 45 degrees, apply the brace to the **OUTSIDE** of your leg (**IMAGE #2**) on the affected knee with the center of the hinge $\frac{1}{2}$ " above the center of your knee cap and the brace centered on the side of the leg.
3. Position the hinge so that it is centered on the side of the leg (**SEE SIDE VIEW IMAGE 3**).
4. Secure straps 1-4 as demonstrated in the picture (**IMAGE 4**) Stand and walk around to check fit and adjust off-loading as necessary.
5. Adjust off-loading with the hex key (**IMAGE 5**). Be sure key is fully seated before turning.
6. Turn **IN** (counter clockwise) for medial off-loading and **OUT** (clockwise) for lateral off-loading to the desired pressure. Adjust off-loading no more than $\frac{1}{4}$ turn at a time (**IMAGE 6 & 6A**).
7. To reduce migration a suspension wrap is included to add additional compression around the lower cuff. Wrap this on snugly- do not over tighten. This wrap is **OPTIONAL** and is to be used if brace is sliding down too far during normal wear. (**Images 7 & 7A**).



NOTE:

Brace comes with a series of extension stops on a plastic card that can be exchanged for the 10 degree that is installed to the front of the hinge joint (**IMAGE 8**).



Use and Care:

The liner and straps may be hand washed with a mild detergent. Air dry only. Foam and straps may be trimmed and adjusted, but only at the discretion of your Healthcare provider.

Warning:

If you experience pain, swelling or sensation changes as a result of wearing this brace, consult your healthcare provider immediately. All adjustments of the brace should be done under the direction of a healthcare professional.

Warranty:

Top Shelf Orthopedics will replace all or part of the brace for defects in material or workmanship for the period of six months for straps and one year for the frame from the date of purchase.

Caution:

Federal Law (USA) restricts this device for sale by or on the order of a licensed healthcare professional.