Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of the brace.

# Instructions For Use





1851 East Paradise Road, Suite A Tracy, CA 95304 160ne: 866.592.0488 • Fax: 209.834.8832 topshelforthopedics.com

### TR Rehab Instructions for Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of the brace.

Indications: Post-operative recovery - daily/extended use.

## Application Instructions:

- 1. Unclip all buckles and open foam wrap.
- 2. Apply brace to the back of your knee and secure the foam wrap to the front of your shin and thigh. Secure the lower foam wrap first.
- Secure the straps by clicking the buckles closed from below the knee first to the upper thigh. Straps 1-4 as shown in the image. Adjust the brace hinge to be slightly above the center of your kneecap.
  (A) Tension the straps to provide an intimate fit with the foam against your skin.

#### Hinge Instructions:

For Flexion(FLEX): Pull the flexion set button away from the center of the circular dial and slide it to desired angle between 0° and 120°.

For Extension (EXT): Pull the extension set button away from the center of the circular dial and slide it to a desired angle between -10° to 70°.

To lock the brace in a fixed position: Engage the rectangular hinge lock tab on both sides of the brace at a position of  $-10^{\circ}$  to  $60^{\circ}$  (marked red on the dial).

#### Use and Care:

The liner and straps may be hand washed with a mild detergent. Air dry only. Foam and straps may be trimmed and adjusted, but only at the discretion of your Health Care provider.

#### Warning:

This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

#### Warranty:

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

#### Caution:

Federal Law (U.S.A) restricts this device to sale by or on the order of a licensed healthcare professional.



